



Laughter Clubs Victoria Newsletter

Issue Number 66 September 2009

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COME LAUGH WITH US

Sat 3 October

Mad Hatters Music Festival

Sun 4 October

11:00am - LC Fed Square

12 Noon – Seniors Week
laughter presentation

Sun 4 Nov

11:00am LC Fed Square

Sun 15 Nov

3:00pm Laughternoon Tea

Fri 27 Sat 28 Sun 29 Nov

12:30pm mindbodyspirit festival
laughter presentation

LCVI Committee for 2009-2010

Congratulations to all those elected and a big thank you to those who contributed to the growth of LCVi over the last twelve months. All committee members are happy to talk with you if you have any suggestions or thoughts that will help us put more laughter into the community.

President:	Brownyn Roberts	0421 335197
Secretary:	Phillipa Challis	0418 521265
Treasurer:	Debbie Peters	03 9898 1627
Committee:	Gilliana-Maria del Alectos	0403 852 662
	Karen Mead	0403 852 662
	Terry Osborn	03 5229 9207
	Rhonda Pickett	03 5428 7929
	Lois Polglaze	03 9877 5108

The LCVi committee meets four times a year.

LAUGHTER CLUB NEWS

Ferntree Gully: Change of days***

To have more consistency, Laughter Leader Lynne 9763 5476 advises they are meeting at 10.30am on the 2nd and 4th (plus the 5th) Sunday of the month.

Mornington Peninsula:

If you live in the area and are interested in seeing a club started so you can attend, please email info@laughterclubsvic.org with your name, address, phone number and email.

THOUGHT FOR THE MONTH

Laugh often, long and loud
Laugh until you gasp for
breath
And if you have a friend who
makes you laugh
Spend lots and lots of time
with them!



Laughter Leader Certificates = smiles all round

COMEDY NIGHT

LCVi members, their families and friends have been invited to a fun night out. Karl Woodberry runs a weekly comedy room in Fitzroy called the Misfits of Comedy. It's a free night and if you are interested in going along and enjoying a few chuckles ring Karl on 0407 411 339 for further details.

Ed. Note: Always happy to pass on information about a fun-filled event or activity if you let us know.

LAUGHERS WANTED!

The first weekend in October is set to be our biggest

LAUGHTER WEEKEND YET!!!!

and we **need YOU!!!!!!**

On **Saturday October 3rd** Laughter Clubs Victoria has been invited to run laughter workshops at the Mad Hatters Music Festival. While our presentation times are yet to be finalised the organisers are hoping for as many laughers as possible to get the crowd laughing in what is going to be an amazing afternoon.

Presented by the Mental Health Music Network, the Mad Hatters Music Festival will feature top talented musicians. The festival, running from **2pm - 5pm** will feature some really exciting surprises (**including Laughter Clubs!**) and is being held to celebrate Mental Health Week, 4 to 10 October.

ALSO - but wait - there's more!!!

Laughter Clubs have also been invited to run a laughter session in celebration of **SENIORS WEEK** which starts on 4 October. Our **SENIORS WEEK** celebration will be held at **12 noon in FEDERATION SQUARE on Sunday October 4th.**

AND - yes more still!! Don't forget, our very own **FEDERATION SQUARE Laughter Club is on at 11am also on Sunday October 4th.**

So it's a **HUGE** weekend of Laughter at FEDERATION SQUARE:

Saturday 3 October

between 3 - 5pm (exact times yet to be finalised)

Mad Hatters Music Festival Laughter Presentation

Sunday 4 October

11am - Laughter Club Federation Square

12 noon - Seniors Week Laughter Presentation.

NOTE: As Phillipa will be away on her guaranteed to be wonderful and fun-filled US adventure please contact Bron (LCVi el-presidento) at bronwynroberts@optusnet.com.au or on 0421 335 197 for more details or just look for laughers in our fabulous 'award winning' purple Laughter Clubs Vic Inc 't' shirts on the day.

Ho Ho Ha Ha Ha

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***Get Started Australia – Web Design and Development **Federation Square *Rutland Merchandise**
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