



Laughter Clubs Victoria Newsletter

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Laughter clubs have been at the top of the 'must do' for thousands of people all over the world, as reported on the Ch.9 show *20 to 1*. Laughter clubs rated second from the top on the list. And judging by the requests for Laughter Clubs Victoria Inc to be involved with events, it certainly is popular.

CLUB NEWS

If you want to have a laugh during the holiday break, go to www.laughterclubsvic.org and look at Club Locations. When you find a club you want to visit, please ring the Laughter Leader to make sure they will be running.

Geelong [Saturday 9:30am] runs every week (they've never missed since starting in 2002) and they welcome visitors

Warrnambool [Saturday 9:30am] has a new leader. Rob (5565 9341) and the members are looking forward to laughing with holidaymakers. Thanks go to Sue who originally started the club with Julie who now runs

Heywood [Thursday 7:00pm]

Glenroy is no longer running

Williamstown [Saturday 9:30am] Laughter Leader Josie (0409 357 757) is still keen to hear from anyone interested in helping her by being an 'anchor person

Federation Square [Sunday 4 January 11:00am] will be looking to have lots of laughs with people who are visiting Melbourne on that day.

THINGS LCVi DID LAST MONTH

LAUGHTERNOON TEA was lots of fun and those who attended had a good laugh. This event is set for the third Saturday in November, and next year the plan is for a very social afternoon.

MindBodySpiritFESTIVAL Thanks to all the volunteers who came along and were part of the laughter session each day. The session is always well received by the crowd at the festival and we get a good flow on with people attending clubs.

CALENDAR FOR 2009

26 January – **Australia Day March** along Swanston Street to Alexandra Gardens & Laughter sessions in the Alexandra Gardens. It would be terrific if we could have a really big crowd march looking so good in our LCVi t-shirts

15 February – **Laughter Leader Training Workshop**
A full Sunday in Melbourne. Bookings essential. Contact Bronwyn 0421 335197 or Phillipa 0418 521265.

21 February 11:00am-12pm **Sustainable Living Festival** at Federation Square – Laughter Session. LCVi members, families and friends all invited to help swell the numbers

HO HO HA HA HA HO HO HA HA HA HO HO HA HA HA HO HO HA HA HA HO HO HA HA HA

May you and your loved ones have a safe, happy and enjoyable Festive Season, and may 2009 deliver you and yours all the happiness and peace desired.

Laugh Lots!
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